



INWOOD ACADEMY ATHLETICS RE-ENTRY PLAN

**PLAN FOR RE-ENTRY UTILIZING AND IMPLEMENTING
ALL RESTRICTIONS REQUIRED FOR COVID-19
REGULATIONS.**

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INWOOD ATHLETICS | 433 W 204TH STREET NY, NY 10034

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INWOOD ATHLETICS

INWOOD ATHLETICS MISSION STATEMENT:

To use athletics as a means to develop the overall student by teaching life skills through competitive experiences and becoming supplementary to Inwood Academy's mission.

VISION:

To use athletics as a means to allow students to live honestly, care for others, be responsible, show restraint, and exhibit integrity.

We want our athletes to establish a foundation with strong morals using sport. To cultivate an environment where former athletes can become future coaches who continue to instill the characteristics they learned as students. With a foundation built on this they will impact and serve many lives.

INWOOD ATHLETICS PHILOSOPHY:

Participation in athletics promotes positive self-image, physical development, mental strength, social skills, team cooperation, and sharing of personal experiences. It allows students the platform to work with others to face adversity, place others before themselves, and become well rounded individuals. Athletics is a means but not an end. Victory is just one aspect of competing at a high level but our program desires to prepare students to compete at a high level in life.

MESSAGE FROM THE DIRECTOR

This has been a trying time for all of us. Many have felt the effects of COVID-19 at a personal level. As an athletic department family, my thoughts are with all of you. As we transition back to restricted athletic activity, which is not ideal, it is a blessing.

We are all working together to make this a possibility. As coaches we have vast experience on what it takes to work as a team. The operations department, custodial team, and you the coaches all play a part in this attempt to bring back some normalcy.

Our mission is to use sport to impact our students and prepare them for life, restrictions do not change that. I am sure many of you, same as me, are just excited to see faces in person rather than through a screen.

Let's be very diligent and precise as we have been granted an opportunity that many have not. Use this time for preparation and take the wonderful opportunity to make a lasting impact.

Thank you all for your commitment to the program. Remember this is just PHASE 1. Other sports will be added as we monitor the first trials. Stay positive, continue to be motivated, remain safe.

1 -2 -3 Family!

4 -5 -6 Trailblazers!

PROGRAM DETAILS

- Programming for PHASE 1 will be Monday – Friday 4 PM – 7 PM

- **SPORTS:**
 - Volleyball (Girls)
 - Alyssa Weaver
 - 717.413.3320
 - Alyssa.weaver@mbcyathletics.org

 - Basketball (Boys)
 - Justin Hornedo
 - 212.380.8900
 - Justin.hornedo@ialcs.org

 - Basketball (Girls)
 - Jason Marchena
 - 917.488.8500
 - Jason.marchena@ialcs.org

 - Wrestling
 - Stefan Pryce
 - 646.330.3418
 - Stefan.pryce@ialcs.org

HEALTH AND SAFETY PROCEDURE

1. All personnel entering the building must complete CRISIS-GO Pre-Screen Test prior to entry.
 - a. Please check your email and set up the account
 - b. Student-athletes must also utilize CRISISGO for pre-screen questionnaire
2. All personnel entering the building will be screened for temperature prior to entry.
 - a. Temperatures of 100.3 or higher will not be allowed to enter
3. All personnel will be required to wear a mask at all times
4. All personnel must remain 6 feet apart
5. All student-athletes must complete Final Forms profile and submit required paperwork to be allowed entry for physical activity
 - a. <https://inwoodacademy-ny.finalforms.com/>
6. Only scheduled POD is allowed in the facility during allotted time.
 - a. PODS cannot exceed more than 14 students
7. POD must exit before next POD is allowed to enter
 - a. All accessed areas will be sanitized before the next POD enters the building
8. Water Coolers will be utilized instead of water fountain
 - a. All athletes will be encouraged to bring personal water bottles
9. The Coaches of each POD will be responsible for enforcing guidelines.
10. Live competition will not be allowed, only socially distanced workouts
11. Fitness room is off limits until proper ventilation is installed

12. All workouts must be recorded using MYPLAY

a. All workouts will be lived streamed via MYPLAY/FACEBOOK

13. In the event of someone contracting COVID-19 the POD will be required to take a 2 week break.